

# Kickin' It Real

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Registration for the upcoming Outdoor Soccer season will be open online from **February 2 to March 18, 2026!**

For full details about the season, including program information and registration links, please see the sections below.

## U4 COMMUNITY OUTDOOR SOCCER

- [CLICK HERE](#) for more information
- [CLICK HERE](#) to register for U4 Community Soccer

## U5 & U7 COMMUNITY OUTDOOR SOCCER

- [CLICK HERE](#) for more information
- [CLICK HERE](#) to register for U5 & U7 Community Soccer

## U9 & U11 COMMUNITY OUTDOOR SOCCER

- [CLICK HERE](#) for more information
- [CLICK HERE](#) to register for U9 & U11 Community Soccer

## U13-U19 COMMUNITY OUTDOOR SOCCER

- [CLICK HERE](#) for more information
- [CLICK HERE](#) to register for U13-U19 Community Soccer

## JOIN THE FUN: MINI PROGRAM REVAMP FOR 2026!

We've revamped the Mini Program for players born between 2019 and 2022 to enhance the experience while reducing costs. By moving to an academy/festival style of play, sessions are fully trainer-led, and coaches receive:

- A pre-season training session on April 25
- Bi-weekly training plans
- Attendance at one or two sessions for guidance



## Important Announcements

### Soles for Soccer – Looking for Donations!

EMSA North's Soles for Soccer program helps ensure every child has the soccer gear they need to play safely, fit in with their peers, and have fun.

If your child has outgrown their soccer gear and it's still in good condition, consider giving it a second life through Soles for Soccer!

All items are cleaned, disinfected, and repackaged, ready for the next young player to enjoy!

Check your closets, find those outgrown cleats, and help us make a difference!

### Donation Drop-Off

You can drop off your donations at our office during regular hours:  
12764 82 St NW, Edmonton, AB  
Tuesday-Thursday  
12:00pm - 4:00pm



## Here's what's new for each age group:

### U4 - \$50

For players born in 2022, sessions start **Friday, May 1** (weather permitting) at **6:00 PM** at Lago Lindo. The cost includes **six sessions** (May 1, 8, 22, 29, June 5 & 19) plus the **EMSA North Jamboree on June 13**. Each player will also receive a Tim Hortons jersey, socks, shorts, and ball! **PLEASE NOTE CLEATS ARE NOT ALLOWED AT THIS AGE.**

At the Jamboree, players will enjoy:

- One game
- Activities like face painting and a jumpy castle
- Food trucks
- Timbits medal

### U5 - \$90

For players born in 2021, sessions start **Friday, May 1** (weather permitting) at **6:00 PM** at Lago Lindo. The program includes six sessions (May 1, 8, 22, 29, June 5 & 19) and the **EMSA North Jamboree on June 13**. Each player will also receive a Tim Hortons jersey, socks, shorts, and ball! **PLEASE NOTE CLEATS ARE NOT ALLOWED AT THIS AGE.**

U5 players are also required to be registered with the **Alberta Soccer Association**, which is reflected in the cost.

All players receive the same Jamboree perks as U4.

### U7 - \$110

For players born in 2019 and 2020, sessions start **Tuesday, May 5** (weather permitting) at **6:00 PM or 7:15 PM** at one of three centralized locations:

- **Girls:** Central EMSA North (near 90 St and 144 Ave)
- **Boys:** Two groups at Poplar Park and Rosslyn (parents can choose their preferred location during registration)

U7 players will have **two sessions per week (Tuesdays & Thursdays)**, have trainer support throughout the season, and join the **Jamboree on June 13**.

They'll enjoy the same activities and receive a Tim Hortons jersey, socks, shorts, and ball! **PLEASE NOTE CLEATS ARE NOT ALLOWED AT THIS AGE.**

**THE MINI PROGRAM SESSIONS DO NOT HAVE RAINOUT RESCHEDULES!**

## In the Community

### Adaptive Team Shines at the Polar Cup | December 28, 2025

Our Fall 2025 Adaptive Team proudly took part in the EMSA Polar Cup Tournament on December 28, 2025. This special opportunity allowed our players to showcase their skills, teamwork, and love of the game in a fun and supportive environment.

Congratulations to all players for their dedication, enthusiasm, and strong performances throughout the tournament!



## More Important News

**OUTDOOR SOCCER IS BACK! HERE'S A LOOK AT WHAT'S COMING FOR EACH AGE GROUP:**

### U9 Program - \$220

The U9 program is for players born in **2017 and 2018**. Sessions begin **Tuesday, May 5** (weather permitting) at **6:00 PM or 7:15 PM** and run for one hour. One day is a scheduled practice and the second day is matches, which are officiated by certified youth referees. The format is 7 v. 7. **Cleats are recommended.**

We will do our best to minimize travel, and have teams travel to the same location as much as possible. Throughout the season we will schedule sessions on a practice night with the trainers. To ensure all teams benefit we'll schedule multiple teams at locations with two or more fields whenever possible.

We're excited to announce that **Papa John's** will sponsor all EMSA North U9 teams for the **Jamboree/Summer Drizzler!** Each team will:

- Play **three tournament games** with referees
- Participate in all Jamboree activities, including face painting, jumpy castle, and food trucks
- Receive medals at the Jamboree

There is **no cost** for EMSA North U9 teams to participate in the Jamboree. Teams from outside EMSA North are also welcome to join the tournament for a registration fee.

### U11 Program - \$235

The U11 program is for players born in **2015 and 2016**. Games kick off on **Monday, May 4** (weather permitting) at **6:00 PM or 7:15 PM** and run for **1 hour and 10 minutes**, with all matches officiated by certified youth referees.

The format is 9 v. 9. **Cleats are recommended.** Games will be held at **fields across North Edmonton**, including **Fort Saskatchewan and Morinville.**

Teams will also have the chance to participate in our **Summer Drizzler Tournament (June 12-14)**. Each team will:

- Play **three tournament games** with referees
- Enjoy all **tournament activities**, including face painting, jumpy castle, and food trucks

Teams will also have the chance to compete for a spot in the **EMSA City Finals**, taking place from **June 29 to July 5, 2026!**



## In the Community

### EMSA Polar Cup: Tournament Highlights | December 27-29, 2025

Over the winter break, our teams proudly represented their communities and the North Zone at the EMSA Polar Cup Tournament. It was a fantastic showcase of teamwork, dedication, and sportsmanship.

Congratulations to all teams for their commitment and strong performances throughout the tournament! A special shout-out to the following teams:

#### U9 Boys Community

- Fort Sask Arsenal (Shaw)

#### U9 Girls Community

- Caernarvon Fire Dragons (MacKenzie)

#### U11 Boys Community

- Lago Lindo Storm (Bevan) Tier 4
- Fort Saskatchewan Arsenal (Low) Tier 5
- Delton (Kluytmans) Tier 5
- Lorelei/beaumauris Tigers Tier 7
- Horsehill (Ames) Tier 7

## U13 Program - \$295

The U13 program is for players born in **2013 and 2014**. Games kick off on **Sunday, May 3** (weather permitting) and run for **1 hour and 20 minutes**, with all matches officiated by certified referees.

The new format for U13 is 9 v. 9. **Cleats are recommended.** Games will be held at **fields across Edmonton and surrounding areas.**

Teams will also have the chance to participate in our **Summer Drizzler Tournament (June 12-14)**. Each team will:

- Play **three tournament games** with referees
- Enjoy all **tournament activities**, including face painting, jumpy castle, and food trucks

Teams will also have the chance to compete for a spot in **EMSA City Finals**, taking place from **June 29 to July 5, 2026**, and **Tier 4 Provincials taking place from July 17-19, 2026!**

## U15 Program - \$305

The U15 program is for players born in **2011 and 2012**. Games kick off on **Monday, May 4** (weather permitting) and run for **1 hour and 30 minutes**, with all matches officiated by certified referees.

The format is 11 v. 11. **Cleats are recommended.** Games will be held at **fields across Edmonton and surrounding areas.**

Teams will also have the chance to participate in our **Summer Drizzler Tournament (June 12-14)**. Each team will:

- Play **three tournament games** with referees
- Enjoy all **tournament activities**, including face painting, jumpy castle, and food trucks

Teams will also have the chance to compete for a spot in **EMSA City Finals**, taking place from **June 29 to July 5, 2026**, and **Tier 4 Provincials taking place from July 17-19, 2026!**

## U17 Program - \$315

The U17 program is for players born in **2009 and 2010**. Games kick off on **Sunday, May 3** (weather permitting) and run for **1 hour and 30 minutes**, with all matches officiated by certified referees.

## In the Community

**EMSA Polar Cup: Tournament Highlights | December 27-29, 2025 (cont.)**

### U11 Girls Community

- Lago Lindo Dynamite Tier 4
- Lago Lindo (Haymour) Tier 5/6
- U11 Horsehill (Stol) Tier 5/6

### U13 Boys Community

- Lago Lindo (Haymour) Tier 4
- Fort Saskatchewan U13B Tomchyshyn Tier 5
- Fort Sask Arsenal Gratton Tier 5
- Lago Lindo Dragons (Boschman) Tier 5
- Carlisle Knights (Morrison) Tier 5
- Lorelei/Beaumaris Tigers Tier 6

### U15 Boys Community

- Carlisle Knights (Morrison) Tier 4
- Fort Sask Arsenal (Winstone) U15B Tier 5

### U15 Girls Community

- Lago Lindo Minas Tier 4
- COCL All Stars (Lyseng) Tier 4

### U17 Girls Community

- Griesbach (Wilson) Tier 5

The format is 11 v. 11. **Cleats are recommended.** Games will be held at **fields across Edmonton and surrounding areas.**

Teams will also have the chance to participate in our **Summer Drizzler Tournament (June 12-14).** Each team will:

- **Play three tournament games** with referees
- **Enjoy all tournament activities**

Teams will also have the chance to compete for a spot in **EMSA City Finals**, taking place from **June 29 to July 5, 2026**, and **Tier 4 Provincials** taking place from **July 17-19, 2026!**

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### U19 Program - \$315

The U19 program is for players born in **2007 and 2008.** Games kick off on **Monday, May 4** (weather permitting) and run for **1 hour and 30 minutes**, with all matches officiated by certified referees.

The format is 11 v. 11. **Cleats are recommended.** Games will be held at **fields across Edmonton and surrounding areas.**

Teams will also have the chance to participate in our **Summer Drizzler Tournament (June 12-14).** Each team will:

- **Play three tournament games** with referees
- **Enjoy all tournament activities**

Teams will also have the chance to compete for a spot in **EMSA City Finals**, taking place from **June 29 to July 5, 2026**, and **Tier 4 Provincials** taking place from **July 17-19, 2026!**

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### Adaptability Program (Ages 6-12) – \$120

We will be offering an Adaptability Program in May and June. Sessions will take place on either Tuesdays or Thursdays (TBD) and will be held in a rink at a local community hall. In the event of inclement weather or smoke, the program will move indoors to the hall.

The program includes six sessions, plus participation in the Jamboree on June 13. At the Jamboree, players will take part in one game and enjoy all scheduled events, including face painting, a bouncy castle, and more. Food trucks will be on-site, and all players will receive a medal!

All participants will also receive an Adaptability Program T-shirt, socks, and shorts.



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## In the Community

### FC Memorial: Tournament | January 22-25, 2026

From January 22-25, our teams took the field at the FC Memorial Tournament, competing with determination and representing their communities and the North Zone with pride. Across the weekend, players demonstrated resilience, teamwork, and a passion for the game.

Well done to all teams for their effort and perseverance throughout the tournament! Congratulations to the following teams on their accomplishments:

#### U9 Boys Community

- Fort Sask Arsenal U9 (Shaw) Tier 5/6
- Horse Hill (Sheikh) Tier 5/6

#### U9 Girls Community

- Caernarvon Fire Dragons (MacKenzie)

#### U11 Boys Community

- Lago Lindo (Bevan) Tier 4
- Fort Sask Arsenal (Low) Tier 4
- Lorelei/Beaumaris Tigers (Bzdel) Tier 5
- Baturyn Warriors Tier 5

On February 28, our current adaptability registrants will be participating in the EMSA West Slush Cup!

Please come and cheer our players on, on Saturday February 28 from 12:00 PM to 2:00 PM at the South Soccer Center!



## COACHES WANTED – MAKE A DIFFERENCE IN OUR PLAYERS’ LIVES!

Each year, finding enough coaches for our teams can be a challenge, and unfortunately, it means some players in the EMSA North zone miss out on the game they love. By making our program trainer led, we have made coaching easier - especially for first-time parent coaches.

### Mini Program (U4-U7)

Our Mini program is fully trainer-led, with:

- A training session before the season begins
- Attendance at sessions guided by our trainers
- Bi-weekly training plans to follow

Mini coaches do **not** need to take formal coaching courses. Only a **PIC** is required to ensure player safety. Trainers are available to support coaches, answer questions, and provide guidance throughout the season.

### U9 and Up

For U9 and older teams, while we remain trainer-led, coaches are required to begin taking courses according to CSA rules. Certified referees also oversee games at this level. Trainers continue to support coaches, offering advice and assistance whenever needed.

### Why Coach?

Coaching is one of the most rewarding ways to be involved in your child’s life. You’ll mentor young players, help them develop skills, and create lasting memories. There’s nothing quite like seeing a young player approach you years later and say, *“You were my first coach, and I still remember when you taught me how to ...”*



## In the Community

FC Memorial Tournament |  
January 22-25, 2026 (cont.)

### U11 Girls Community

- Fort Sask Arsenal (Glavine) Tier 5/6
- Arsenal U11 (Mayner) Tier 5/6

### U13 Boys Community

- Fort Sask Arsenal (Tomchyshyn) Tier 4
- Lago Lindo Dragons (Boschman) Tier 5
- Carlisle Knights Tier 5
- Lorelei/Beaumaris Tigers (Hantelmann) Tier 6

### U15 Boys Community

- Carlisle Knights (Morrison) Tier 3
- Fort Sask Arsenal (Grosseth) Tier 4
- Fort Sask Arsenal (Winstone) U15B Tier 5

### U15 Girls Community

- COCL All Stars Tier 4
- Fort Sask Arsenal (Curran) Tier 4
- Lorelei Beaumaris Tigers (Laycock) Tier 5/6

## How to Get Involved

If you're interested in coaching, assisting, or managing a team, please indicate this on your player's registration form. We will pair you with an experienced coach and ensure you have access to our trainers for guidance. EMSA North and your soccer directors are here to support you every step of the way.

Join us in making a difference - both on and off the field!

## Thanks for reading our newsletter!

Have something to share – such as **community events, fundraisers, or silent auctions**? We'd love to feature it!

Reach out to **EMSA North** at: [programs@emsanorth.ca](mailto:programs@emsanorth.ca)



## In the Community

**Delton Community League Annual General Meeting - February 23 at 6:30 PM**

Delton is looking for dedicated volunteers to help support and strengthen our community. We encourage all members to attend!

**Delton Community League**

**VOTE!**

**HAVE A SAY HOW YOUR LEAGUE WORKS FOR YOU**

We are seeking dedicated volunteers to join in our efforts to support our vibrant community. Your time and effort can create a significant impact!

EXECUTIVE BOARD POSITIONS	CHAIR AND COMMITTEE POSITIONS
<ul style="list-style-type: none"><li>• President</li><li>• Vice President</li><li>• Treasurer</li><li>• Secretary</li></ul>	<ul style="list-style-type: none"><li>• Programs and Social</li><li>• Facilities and Infrastructure</li><li>• Merchandise and Communications</li><li>• Sports and Wellness</li><li>• Volunteer Coordination</li><li>• Rentals Committee</li></ul>

**AGM and Elections**  
February 23rd  
6:30

REACH OUT TO US IF YOU'RE INTERESTED IN RUNNING FOR A POSITION OR KNOW SOMEONE YOU'D LIKE TO SUPPORT!  
admin@deltoncommunity.com

**12325 88 street**

**Delton Community League Family Fun Day - February 16, 2026**

Enjoy a day of winter fun with horse-drawn wagon rides, snowman building, ice skating, food, drinks, and more. Bring the whole family and join us!

